

It is around the table that friends perceive best the warmth of being together

MARANTO'S

Gluten Free Options

Appetizers

Minestrone Soup V £5.25

Homemade tomato and vegetable soup.

Chicken and Crispy Bacon Salad £6.50

Mixed green salad with chicken and bacon. Served with Italian dressing

Sauté Mushrooms With a Twist V £5.95

Mushrooms sautéed in garlic and napoli sauce, finished with gratinated mozzarella.

Sauté King Prawns £7.50

Tossed in garlic, chilli and ginger and finished with anise liquor.

Mussels £6.95

New Zealand mussels pan fried in garlic, parsley, white wine and cream.

Pasta & Risotto

Penne Tricolore V £10.50

Penne tossed with sun blushed tomatoes, garlic, fresh basil, Buffalo mozzarella, pesto, mushrooms, courgettes, olive oil and a little chilli.

Penne Carbonara £10.25

Penne tossed with bacon, eggs, cream and parmesan cheese

Penne Bolognese £9.95

Penne tossed in our own bolognese sauce.

Seafood Marinara £11.75

Spaghetti with a selection of seafood and black olives in an Italian tomato sauce.

Risotto Funghi V £10.50

Arborio rice with a selection of mushrooms, white wine and a touch of cream.

Risotto Pisello V £10.50

Arborio rice with pea, mint, and onions, in a garlic, parmesan and white wine sauce.

Risotto Marinara £11.75

Arborio rice with a selection of seafood, Italian tomato sauce, white wine.

Main Courses

Chicken a la Maranto £13.50

Chicken breast, oven roasted, filled with sun blushed tomatoes and Buffalo mozzarella, finished with a pesto cream sauce.

Lamb Seville £14.95

Lamb rump char-grilled with a piquant sauce of garlic, rosemary, redcurrants and oranges.

Steaks

T Bone Steak £22.95

The perfect 16oz steak for the heartiest of appetites.

Sirloin Steak £15.95

8oz Sirloin cooked just the way you like it.

Fillet Steak £22.95

The Premier cut. 8oz of succulent fillet.

Mains will be served with a choice of new or mashed potatoes

Fish

Poached Salmon £14.50

Choose either a ginger and sweet chilli cream sauce or Florentine style: Salmon on a bed of spinach with a Mornay sauce. Served with vegetable rice.

V - Suitable for vegetarians

We take allergens very seriously; please inform the wait staff if you have any concerns. The above dishes do not contain gluten, however gluten is present